

THEME CLASSES & DANCE CULTURE DISCUSSION & MUSICALITY CLASS WITH THE BANDS

Full Pass and Themes & Parties Pass holders will have the opportunity to take a variety of theme classes including, african dances, swing music and different jazz eras, body percussion, tap dance, lindy hop origins, original steps, aerials, other dances of the african diaspora and musicality classes with our bands. You may find here a detailed description of our theme classes.

“The Blues /Introduction to the blues” Alex & Ioanna

This class we will introduce you to the basic ideas, rhythms, steps and moves of Blues dancing giving a starting point to anyone eager to discover the immense wealth of Blues dancing!

“Lindy Hop routine inspired by clip from 1939 movie *Straight to Heaven*” Victor & Isa

In this theme class we will dance a lindy hop routine inspired by Millie and Bubbles performance at the 1939 movie “Straight to heaven”.

“Let’s Big Apple in couple dancing!” Victor & Isa

In this class we will take some rhythms and steps from *The Big Apple* and mixed them with some lindy hop moves in partner dancing. For those who don’t know, *The Big Apple* is a routine that was choreographed by Frankie Manning in 1937. And performed by Whitey’s Lindy Hoppers at the 1939 film “Keep Punching”.

“Rhythm & Blues” Rasmus & Mona

In this class you will get insight into the rhythm and blues sound and how to change and style up that Lindy look.

“Harvest moon ball” Rasmus & Mona

In this class we will take out our favorite moves from some of the great dancers at the Harvest moon ball competition, it’s gonna be an authentic and crazy experience.

“20’s Charleston” Alexey

Introduction to 20’s charleston / Learn more about the dance and practice fast dancing to 20’s music.

“Bebop” Erol

Why do we think bebop is nothing to dance to? Did people back in the day dance to it, or was there mostly “no dancing”? How was the style of dancing and who was dancing to it?

“Airsteps – The pancake” Dom & Nora

Frankie Manning himself introduced the first Airstep in a Savoy Ballroom Saturday night competition. Aerials / Airsteps have always been one of the most exciting parts of Lindy Hop history and were a huge part of making our beloved dance so popular back in the days.

We are going to learn in a safe step-by-step approach, how to do the “handspring-flip” aka “the pancake”.

Partner required, no partner rotation.

(Basic fitness required !)

“AFROfitness with Bantu Dancers” Bantu Dancers

A class that combines traditional African dance moves of intensity and duration, with contemporary dance.

“African Voicing” Michael Afolayan

Introducing traditional African rhythms through the medium of polyphony / How the voice controls the body

“Rhythm Nature” Thanos Daskalopoulos

Rhythm is at the core of both dancers and musicians do. In this workshop we will explore a common way of understanding, practicing and expressing rhythm, which utilises its relational and relative nature. We will clap, snap, stomp, sing and dance in order to transform those rhythm concepts into an embodied experience that will enhance your musicality, improvisation and connection to the musicians.

“Percussive Ensembles” Sammy Gian Kigumba

With dazzling and diverse traditional dance ensembles, taking you on a journey that conveys the percussive Vigorous shaking of African rhythms.

“Ethnic Central” Sammy Gian Kigumba

Characterised from the percussive quick feet rhythms to a more waist concentration with the body and rhythm.

Dance Culture Discussion

There will be a Dance Culture Discussion on Sunday 8/5 at 21.30. Everybody is welcome to join!

Musicality Class with Carolina Reapers

Musicality Class with Jeepers Creepers